Food Services Director: Jennifer Wilinsky
wilinskyj@readingsd.org
Please check the District Website, Food Services Tab to learn more.

***Sign Up for Schoolcafe.com to Look up nutritionals & make payments. Set up an account to receive low balance alerts.***


# Reading School District Elementary School Lunch Menu December 2023

**Meal Prices**
Adult Breakfast Meal - $2.95 Adult Lunch Meal - $5.00

**Alternate Entree of the week**
**11/27-12/1 - Turkey & Cheese Sandwich**
**12/4-12/8- Wow Butter Sandwich**
**12/11-12/15- Yogurt Meal**
**12/18-12/22- Crispy Chicken Salad w/Roll**
**12/25-12/29-**

**** Alternate Entree option will be served with fruit and vegetable of the day.******

**Daily Juice Variety: Only 1 Juice Allowed w/Meal**
**Apple Juice**
**Grape Juice**
**Fruit Punch**

**Fruit & Vegetable Options***

| | |
|---|---|
| **Carrots** | **Apples** |
| **Cucumbers** | **Bananas** |
| **Broccoli** | **Peaches** |
| **Cauliflower** | **Pears** |
| **Celery** | **Pineapple** |
| **Sugar Snap Peas** | **Strawberries** |
| | **Grapes** |

**** Fruit & Vegetable Provided Depend On Availability**

**Milk**
**1% and Skim White**
**Skim Chocolate**

**(Soy Milk is available for students w/dairy allergies)**


| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| | | | | **1-Dec** |
| | | | | **Grilled Cheese Sandwich**<br><br>Cherry Tomatoes w/ Ranch Dip<br>Fresh Veggie Sticks<br>Applesauce/Fresh Fruit<br>Goldfish Crackers |
| **4-Dec** | **5-Dec** | **6-Dec** | **7-Dec** | **8-Dec** |
| **Chicken Patty Sandwich**<br><br>Green Beans<br>Cherry Tomatoes<br>Peaches<br>Fresh Fruit | **Brunch for Lunch: French Toast Sticks w/Turkey Sausage**<br><br>Hash Brown Rounds<br>Carrot & Celery Sticks<br>Craisins<br>Fresh Fruit | **Chicken Alfredo Pasta w/ Texas Toast**<br><br>Steamed Broccoli<br>Salad Greens w/Dressing<br>Fruit Cocktail<br>Fresh Fruit | **Hamburger on Bun**<br><br>Smile Fries<br>Baked Beans<br>Pears<br>Fresh Fruit | **Pizza**<br><br>California Blend Vegetables<br>Celery Sticks<br>Pineapple Chunks<br>Fresh Fruit |
| **11-Dec** | **12-Dec** | **13-Dec** | **14-Dec** | **15-Dec** |
| **Meatball Sandwich**<br><br>Steamed Broccoli<br>Fresh Veggies<br>Applesauce<br>Fresh Fruit | **Chicken Tenders w/ Goldfish Crackers**<br><br>Baked Beans<br>Salad Greens w/Dressing<br>Mandarin Oranges<br>Fresh Fruit | **Beef Hot Dog on Bun**<br><br>Waffle Fries<br>Fresh Veggies<br>Peaches<br>Fresh Fruit | **Mac & Cheese w/ Roll**<br><br>Steamed Peas<br>Fresh Veggies<br>Pears<br>Fresh Fruit | **Calzonette's w/Sauce**<br><br>Carrot Coins<br>Fresh Veggie Sticks<br>Pineapples<br>Fresh Fruit |
| **18-Dec** | **19-Dec** | **20-Dec** | **21-Dec** | **22-Dec** |
| **Chicken & Waffles**<br><br>Sugar Snap Peas<br>Carrot Sticks<br>Peaches<br>Fresh Fruit | **Walking Turkey Tacos**<br><br>Lettuce & Tomato/ Salsa Cup<br>Ranchero Pinto Beans<br>Pineapples<br>Fresh Fruit | **Maxi Cheese Sticks w/ Sauce**<br><br>Roasted Broccoli<br>Salad Greens w/Dressing<br>Fruit Cocktail<br>Fresh Fruit | **Holiday Meal: Turkey & Gravy w/ Roll**<br><br>Mashed Potatoes<br>Green Beans<br>Craisins/Fresh Fruit<br>Frozen Fruit Treat | **Early Dismissal: Turkey & Cheese Sandwich**<br><br>Carrot Sticks<br>Apples<br>Goldfish Snack Bag |
| **25-Dec** | **26-Dec** | **27-Dec** | **28-Dec** | **29-Dec** |
| **No School**<br>  <br> | **No School** | **No School** | **No School** | **No School** |

**The Knight LUNCH Meal Deal**
* Don't Forget- Take at least ONE fruit or vegetable, And at least Three items in total to be a complete meal!

| **Choose ONE Entree:** | **Choose up to TWO Sides of Fruit:** | **Choose up to TWO Veggies:** |
|---|---|---|
| Daily Entree Special | Fresh Fruit | Daily Vegetable |
| Alternate Entree | Fruit Cup | Assorted Fresh Veggies |
| | Fruit Juice (only 1 serving) | |